



Health Care Coalition of Lafayette County

dba Health Care Collaborative of Rural Missouri, a Rural Health Network



From: Melanie Corporon, Network Coordinator
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Press Release

The Live Well Community Health Centers are concerned about the health and wellness of all citizens in our communities. Often when dealing with our health issues, we feel it's us against the world; alone and frustrated with ourselves, and our illness. The Live Well Community Health Centers would like to offer some **free** help to you.

On Monday, May 22nd at 6:00 pm, at the Live Well Health Clinic in Concordia, we will be offering an informational session and workshop called, "**Know Your Numbers**". The presenter will be Amanda Arnold, Director of Nursing for the Health Care Collaborative and the Live Well Community Health Centers, as well as a Certified Lifestyle Coach. We will also have attendees complete a questionnaire that will tell what you might be interested in as far as information and activities to address your health needs. Information will also be available for those that would like to attend the session, and simply learn more about our Health Center and its services.

The Concordia Live Well Health Care Center is located at 206 N. Bismark Street.

The Health Center will also offer a second workshop covering the same information on Tuesday, May 23rd at 7:00 pm at the Center. This will offer a choice of workshops to attend for convenience.

Please give Melanie Corporon a call at the HCC Administrative Offices through our toll-free line, (877) 344-3572 to reserve a spot for the evening. The HCC and Live Well Community Health Centers want all citizens to be successful in improving their health.

Remember this doesn't cost you a thing; just a little of your time. If you have questions or would like more information, please free to contact Melanie at (877) 344-3572/Toll-Free Line or (660) 251-0751/Direct Line.



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