

# SHOW-ME ECHO

(Extension for Community Healthcare Outcomes)

## COMMUNITY HEALTH WORKER



### **JOIN COMMUNITY HEALTH WORKERS TO INCREASE YOUR ABILITY TO EFFECTIVELY AND EFFICIENTLY EMPOWER INDIVIDUALS TO MANAGE THEIR HEALTH.**

Get expert Community Health Worker (CHW) knowledge in a virtual learning network with University of Missouri and Community Health Worker leaders and specialists throughout the state. Learn about best practices and evidence-based care, including:

- Working with diverse populations
- Knowledge of community-based services and resources
- Patient navigation
- Building strong rapport with clients
- Communicating effectively with clients and healthcare providers

### **WHY COMMUNITY HEALTH WORKER ECHO?**

Project ECHO is a guided practice model that revolutionizes medical education and increases workforce capacity to provide best-practice specialty care and reduce health disparities. Community Health Workers work in a variety of areas of practice to meet the needs of the communities they serve. This Community Health Worker ECHO creates space for CHWs to share their experiences with one another in order to better prepare them for the challenges they face while supporting their communities' ever-changing needs.

### **WHAT DOES COMMUNITY HEALTH WORKER ECHO OFFER?**

- No cost to participating sites or individuals
- Collaboration, support and ongoing learning with experts and other health care providers
- Integration of community health with primary care
- The opportunity to present a case and get feedback from other CHWs around the state
- Networking with other CHWs around the state



**Missouri Telehealth Network**

*University of Missouri Health*

## HOW DOES IT WORK?

- Join a one hour online video conference twice per month for 8 months
- Participants need access to internet, webcam and microphone
- Discuss and share:
  - A brief educational presentation by the ECHO panel
  - Clinical case presentations by participating CHWs and discussion
  - Case recommendations made by participants and the ECHO panel
- Complete evaluation of ECHO programming

## CURRICULUM TOPICS FOR CASE-BASED LEARNING AND DISCUSSION:

1. How to collaborate with patients for care planning
2. Trauma awareness and mental health
3. Assessing, interviewing clients (patient assessments)
4. Universal resources
5. Quality improvement
6. Patient education (medicine adherence)
7. Documentation
8. Building patient relationships
9. Communicating with clients & healthcare professionals
10. Social determinants of health
11. CHW self-care
12. Safety and self-awareness of CHW
13. Home visits
14. Care coordination
15. Re-entry from prison system (society re-entry)
16. Cultural responsibilities

## MEET OUR TEAM



Dennis Dunmyer, JD, LCSW,  
Medical Chief Wellness Officer  
Kansas City CARE Clinic



Payree Short, M.S.Ed, BSN, RN,  
CHW, Adjunct Faculty Member  
Ozark Technical Community College



Suzanne Smith, BS  
Director of Network Development  
Health Care Collaborative  
of Rural Missouri



Jill Taylor, PhD, LCSW,  
Community Health Team Leader  
Family Care Health Centers



Rosalind Hardy, CHW  
Community Health Worker  
Kansas City CARE Clinic



Melanie Calhoun, RN  
Health Care Home Director  
Betty Jean Kerr People's  
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Health Literacy Expert  
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## TO LEARN MORE:

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