



Impact Statement 2011

HCC of Lafayette County

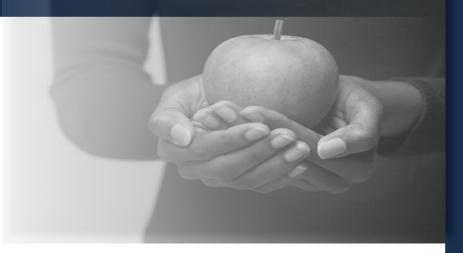
Advocating Tomorrow's Health Care, Today

With support from its Network Partners, the HCC has come along way. Together, we've been able to offer the following programs and resources:

- Rural Missouri Health Co-op, group health plans for area employers
- Health Information Technology:

 e-prescriptions, automated
 emergency room systems,
 telehealth and telemedicine
 equipment, electronic medical
 records
- Tobacco cessation programs
- Obesity prevention programs
- Workplace wellness programs
- Transportation vouchers
- Need assessments and barriers to health care access research
- Membership benefit expansion
- Collaborative networks that impact community health





The HCC worked with area employers to launch workplace wellness programs. These programs included interest surveys to garner feedback on wellness programs participants preferred, health risk appraisals to glean cumulative employee health risk factor data, and metabolic screenings both at the beginning and end of the program. Within a 6-month timeframe, three workplaces lost a cumulative total of approximately 200 pounds, physical activities hours increased, and waist inches decreased.

To learn more, visit HCCNetwork.org/wellness-case-study or call 660.259.9019.

Our Mission

- Monitor the availability & delivery of health care services
- Ensure that all residents are informed about available health & wellness services
- Advocate for the individual, care provider and the institutional commitment to the health of our citizens
- Hold Lafayette County accountable for its commitment to the health of our citizens
- Provide a unified voice for Lafayette County that will address the area's health needs with agencies and governmental entities

Our Core Values:

HCC has set out to meet the above objectives through:

- The many voices that speak about their health needs
- The right and responsibility of quality health
- A systems approach to quality, holistic health care
- Accessible, equitable and quality health care services
- A commitment to health care education to improve, mind body and spirit
- The promotion of personal & organizational health care achievements
- Collaboration with those who share our values and goals
- A pursuit of constructive change and innovation

Rural Health Care Network

Collaborating with providers, schools, social service organizations, businesses and other stakeholders has and will always be the key to creating healthier communities.

As a Rural Health Care Network, our mission is to advocate for the health and well-being of Lafayette County and surrounding areas.

Through various collaborations the HCC's rural health network is:

- Impacting the delivery of health care, by equipping providers with the technology to improve health care delivery
- Creating a Health IT workgroup that collaborates to develop an ongoing health information technology implementation plan that includes telemedince and distance learning
- Creating healthier workforces through tobacco cessation and workplace wellness programs
- Supporting initiatives to tackle obesity among the area's youth and expanding these programs to Higginsville and Odessa
- Enabling low income families more economical access to healthier foods via farmers' markets with EBT capabilities
- Supporting area employers with health insurance options and programs to reduce premiums over time
- Expanding HCC membership through provider network





Visit **4everfit.hccnetwork.org**, a youth wellness site with a variety of tools and content to support youth-based health and wellness programs.

HCC Membership

Our collective impact is impressive.

But even more, our compassion for the underserved is unyielding.

Here are the types of services that make up our membership base:

- Multigenerational community center that provides health and wellness, social and educational services
- Area Agency on Aging that provides senior and caregiver support
- Mental health services using a health care home model
- Psychiatric services including narcotics anonymous
- Anger management and batterer's intervention classes
- Mental health services for 6 school districts in Lafayette County
- Services and resources for abused and neglected children
- Support services and shelter for battered woman and their children
- Employee benefits and insurance administration
- Rural marketing, advertising, and market research
- Workplace wellness coaching
- Rural in/outpatient hospital
- Critical access hospital
- Public health services
- Elementary and secondary public education
- Public charity botanical gardens, health and wellness/community resources and educational programs
- Community action programs that empower the impoverished



- Agricultural programs, economic development, community outreach and health & wellness activities
- · 24/7 skilled nursing, residential and assisted living
- Health career development programs for high school students

The HCC's membership spans 34 organizations and growing, consists of almost 2,000 employees who serve residents and businesses in West Central Missouri and beyond.

