# Living Well

# in Healthy Communities Summit

Tuesday, June 19, 2012 Martin Community Center, 1985 South Odell, Marshall, MO

A special note of thanks to the Sponsors that made this event possible: Health Care Collaborative of Rural Missouri Missouri Valley Community Action Agency PowerGroup City of Marshall

#### Special thanks to the Living Well in Healthy Communities Summit Planning Team:

Amy Weber, Fitzgibbon Hospital Ashley Futscher, Katy Trail Health Clinic Cheryl Zimny, MVCAA Cindy Gabbert, MVCAA

Connie Lattimer, City of Marshall loe Christians, Pathways Community Health

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Melanie Corporon, MVCAA

Melissa Magana, Katy Trail Health Clinic Mendy, Hohenfeldt, Katy Trail Health Clinic Pam LaFrenz, MVCAA

Theresa Presley, Pathways Community Health Tonia Wright, Grace Advertising and Consulting, Inc.

Toniann Richard, Health Care Collaborative of Rural Missouri

#### Special thanks to our Vendors and Partners:

Burrell Behavioral Health

Care Connection for Aging Services Fitzgibbon Hospital

Health Care Collaborative of Rural Missouri

Healthcare USA

Legal Aid

Marilyn Caldwell, Medicare Consultant

Missouri Valley Community Action Agency

NAMI/Saline County Mental Health Board

Pathways Community Health PowerGroup

Saline County Health Department/WIC/Special Health Care Needs

Salt Fork YMCA

Telehealth Services

University of Missouri Extension









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## Session One 11:00 a.m. to 3:00 p.m.

11:00 a.m. Welcome by Mayor Mark Gooden, City of Marhsall

Introduction of Guest Speaker Pam LaFrenz, MVCAA Executive Director Opening Remarks—Jay Angoff, Acting Director, HHS Region VII

11:15 a.m. Introduction of Documentary Film, *Unnatural Causes... is inequality making us sick?* 

LUNCH—Melanie Corporon, MVCAA

11:30 a.m. - 12:30 p.m.

Lunch and Film Screening

12:30 -12:45 p.m. BREAK

12:45 -1:30 p.m. PANEL: Why and How Socio-economic Factors Determine Health

Health professionals explain the correlating factors that contribute to health outcomes

Moderator: Melanie Corporon, MVCAA

Panelist: Andres Dominguez, Health Care Foundation of Greater Kansas City

Dr. William Moore, REACH Healthcare Foundation

1:30-2:15 p.m. PANEL: Working Together for the Good of the Whole Community, Models, Lessons and Strategies

A range of strategies is critical to addressing social and economic disparities tied to poor health outcomes. This panel highlights innovative approaches that are being implemented

locally that tackle some of these conditions.

Moderator: Peter Gochis, Missouri Valley College

Panelists: Brad MacLaughlin, Supt. Lexington Schools, Lynda Johnson, University of MO Extension, Betsy MacLaughlin, Brighter Futures, Jennifer Ford, MVCAA Head Start, Cindy Crawford, Nurse Care Manager, Marshall Family Practice Health Home

2:15 -3:00 p.m. PANEL: What You Can Do to Improve the Quality of Life in Your Community

Moderator: Pam LaFrenz, MVCAA

Panelists: Lynda Johnson, University of MO Extension, Linze Leimkuehler, Salt Fork YMCA,

Jennifer Ford, MVCAA Head Start, TBA, Lafayette County Tax Initiative

3:00 p.m. Closing Remarks and Evaluation: Pam LaFrenz, MVCAA

Short breaks will follow each session to allow for transition between panels.

Information Booth set-up from 9:30 a.m. to 10:30 a.m. and open to the public at 10:30 a.m.

Health screenings held during 3:30 p.m. to 7:30 p.m. sessions.

Information Booths and Screenings will run simultaneously with Panel Discussions.

### **Session** Two 3:30 to 7:15 p.m.

Panelists will discuss community health needs, how these needs are being met, and what issues have yet to be tackled.

3:30 p.m. Welcome by Connie Latimer, Marshall City Administrator

Overview of Intent & Purpose of Event Pam Lafrenz, MVCAA

3:45 - 4:30 p.m. Panel Discussions - Room #1 Children's Health & Nutrition

Moderator: Lynda Johnson, University of MO Extension

WIC - TBA, Saline County Health Department

Primary Health Care - TBA, I-70 Community Hospital

Utilizing Farmers' Markets - Marsha Corbin, University of Missouri Extension Backpack Programs - Bruce Brock, Adjunct Instructor, Missouri Valley College

Special Needs - Beth Thomason, Special Health Care Needs

Room #2: Senior Health and Aging

Moderator: Theresa Presley, Pathways Community Health

Aging Info & Resources - Vickie Whitsitt, Care Connection for Aging Services Geriatrics & Mental Health - Roberta Griffith, RN, Fitzgibbon Hospital

Medicare - Marilyn Caldwell, Medicare Consultant Legal Information - Tom Bolling, Attorney-at-law

4:30 - 4:40 p.m. BREAK

4:40 - 5:40 p.m. Panel Discussion: Access to Health-related Services in Your Area

Moderator: TBA

Understanding Federally Qualified Health Centers (FQHCs) and Rural Health Clinics - Melissa Magana, Katy Trail Health Clinic, Angela Coffman, Samuel U. Rodgers Lafayette

Lynne Ott, M.S.N./NEA-BC, & Amy Weber, Fitzgibbon Hospital

Mental Health Services

Moderator: Melissa, Magana, Katy Trail Health Clinic, Theresa Presley, Pathway Community Health Theresa Dotson Alexander, The Center for Counseling & Training, Mat Gass, Burrell Behavioral

Health, Fitzgibbon Mental Health

Legal Services - Emily DeStafano, Legal Aid of Western Missouri

5:40-5:55 p.m. BREAK

5:55-6:55 p.m. Panel Discussions: The Future of Rural Health Care

Moderator: Cheryl Zimny, MVCAA

The Affordable Care Act/Health Home Services - TBA, Fitzgibbon Hospital Telehealth Services - Theresa Presley, Pathways Community Health

Health Home Services - Roberta Griffin, Fitzgibbon Hospital

MO HealthNet - TBA, Family Support Division, TBA, Katy Trail Health Clinic

6:55-7:15 p.m. Closing Remarks: Prevention and Choosing a Healthy Lifestyle, TBA

**Evaluation**